

Physician's Choice, Inc.
Robert C. Shuman, M.D. – Medical Director
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New Patient Information

Thank you for choosing Physician's Choice for your weight loss and medical needs. Our mission is to provide a comprehensive weight-control program that enables as many people as possible to lose weight and improve the health and quality of their life. ***Physician's Choice is now home to Zerona® non-invasive body slimming!*** We also specialize in providing chronic pain relief with prolotherapy, a simple, drug free, nonsurgical technique that stimulates the body's natural healing response to repair and grow new ligament and tendon tissue. Our goal is to provide you with the best possible medical care, personalize a treatment plan to meet your individual needs, and to provide the best value for your investment in your own health. **Thank you for entrusting your care to us. We look forward to getting to know you.**

New Patient Questionnaire

Please fill out the "Confidential Patient Information" and "Confidential Medical Information" forms in full, and **remember to them bring it to your first visit.** The answer to each of these questions is important to provide the best care for you. Allow yourself plenty of time to answer thoughtfully and completely. No patient will be seen for an initial visit unless these questions are first completed.

How to Find Us

PHYSICIAN'S CHOICE is conveniently located in the Wellstar Kennestone Hospital area. We're just north of the downtown Marietta Square and easily reached from I-75:

- ✓ From I-75 (North or South) take Exit # 267- B
- ✓ This will put you on the Hwy 5 Connector which will merge with Church Street.
- ✓ You will travel a short distance on Church Street (through 2 traffic lights). Kennestone - Wellstar Hospital will be on the right.
- ✓ Turn LEFT at the 3rd traffic onto Cherry Street.
- ✓ Turn LEFT at traffic light at the end of Cherry Street, onto Cherokee Street
- ✓ **Our office building, 754 CHEROKEE ST., is the 4th building on the RIGHT, just past Lewis Drive and Store. BEFORE the Right Aid Drug**
- ✓ **Our building is gray stucco, Kennestone Professional Building. You'll see our "GOT FAT" sign on the side of the building.**
- ✓ **Turn into the second entrance and drive around to the back of the building.** The glass door on the **back of the building** is the entrance to our office in Suite B.
- ✓ Call us at 770-427-1454 if you need further directions.

Your First Visit

Please plan to arrive 15 minutes prior to your scheduled time for your first visit. Your consultation with Dr. Shuman's nurse should last approx. 30 min. Your computerized Tanita Body Composition Analysis will be reviewed and a healthy body composition and weight will be discussed. An overview of the recommended Lifestyle Eating Plan, Lipo-Injections, Medications and Individualized Weight Loss Support will be shared with you. All prices for services and financial policies will also be discussed. Please, ask questions and gather information. Following this free consultation you will be given the opportunity to schedule a visit with Dr. Shuman to start your weight loss program or you may call back to schedule at a later time.

Your Medical Consultation With Dr. Shuman

When you see Dr. Shuman for your medical consultation please plan for your visit to last 1 ½ to 2 hours. Please make babysitting arrangements for small children; it is important that you are not distracted by their needs during your visit.

Dr. Shuman will discuss your medical history, perform a routine physical exam (breast or pelvic exam not necessary) and review nutrition and lifestyle recommendations for weight loss and disease prevention.

Appetite Suppressant Medications will be prescribed (if approved) and instructions for taking the medications will be explained. You will receive your first Lipo-Injection and the schedule for receiving injections will be reviewed.

You'll be hearing lots of great information and will probably think "how will I remember all of this!". We'll be reviewing again at your follow up visits and the journal that you will be given contains lots of information that will find helpful. Also, you'll be given Judy's mobile phone number for after hour concerns and questions.

Labwork: For appointments before 12:00 noon you may be asked to fast for your blood to be drawn for labwork. This means that you should not eat after midnight. However, you may continue to drink water. FYI - Drinking plenty of water before your visit will make drawing your blood much easier. We will give you a snack after drawing your blood so you won't be hungry!

EKG: An EKG will be performed to evaluate your heart rate and rhythm.

(If you have had recent labwork or EKG from your personal doctor (within the last 4 months), you may bring us a copy of the reports to see if all the tests and information Dr. Shuman

At Physician's Choice, we are dedicated to providing you with best care and support necessary for you to successfully lose weight and improve your health !!

Charges and Payment Policy

Please review the "Physician's Choice Payment Policy" before you come and the information regarding the relationship between Physician's Choice, Inc. and insurance companies, Medicare and Medicaid. You will need to sign the "Payment Policy Agreement" prior to receiving evaluation and treatment.

Appointment Cancellation

Please notify us if you are unable to attend your appointment at least 24 hours in advance. Your appointment time has been reserved especially for you and we work very hard to make sure that your appointment time is convenient for you. We are glad to reschedule a time that is more convenient.

***Thank you for entrusting your care to us.
We look forward to meeting you !***